

NEWSLETTER

FREE SLOWK REGISTRATION FOR ALL 100 MILERS

For more information visit PLAYRoanoke.com

PRIZE WINNERS

"TREAT YOUR FEET" GIFT CARD TO BODY & SOLE THERAPY SALON AND SPA **Kimberly M.**

FLEET FEET \$25 & RND \$10 GIFT CARDS **Michael A.**

THANKS TO OUR SPONSORS!





Good health is not something we can buy. However, it can be an extremely valuable savings account. - Anne Wilson Schaef



UPCOMING PROGRAMS & ACTIVITIES

Registration required. Sign up @ PLAYRoanoke.com

Adult Dodgeball Tournament, Eureka Park Saturday, 1/28/23 @ 2pm \$55/team

Meet & Greet Group Walk, Fallon Park Tuesday, 1/31/23 @ 4pm \$FREE

Cascades Hike (12+) Saturday, 2/11/23 @ 9am \$17

