



Roanoke Parks and Recreation
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City of Roanoke Adult Disc Golf League

The purpose of the City of Roanoke Adult Recreational Athletic Leagues is to promote well-organized athletic programs and to emphasize sportsmanship for all interested participants. The league also takes into consideration the health, welfare, ability, and enjoyment of each individual participant.

****League will follow the Professional Disc Golf Association (PDGA) rules unless otherwise noted****

****The PDGA Rulebook can be found at pdga.com/book/export/html/236656****

Registration

1. Must be filed with Roanoke Parks and Recreation by each player's first match.
NOTE: A player's failure to have their registration on file prior to their first match will result in a forfeit of every match until a valid registration is turned in.
2. All fields are required to be completed and legible. Players should use full legal name (no nicknames).
3. Players without proper registration will forfeit matches until **all** paperwork is submitted to the City of Roanoke Parks and Recreation.

Behavior

1. Drinking of alcoholic beverages on city property before, during, or after a match is prohibited.
Penalty: Player(s) will be suspended a minimum of one (1) match and up to the remainder of the season depending on the severity.
2. Threats or assaults on any Roanoke Parks and Recreation personnel or official will result in an ejection and suspension for the remainder of the season.
NOTE: Additional criminal charges may be filed against any person involved in this type of behavior.
3. Profane, abusive language or arguing with city employees, other players, or spectators will not be tolerated. Such behavior will result in a minimum one (1) match suspension.
4. Fighting among players before, during, or after a match while on city property will result in players being banned from the league.
5. Criticizing, insulting, or taunting other players will not be tolerated and may result in being ejected from the league.
6. Formal complaints about fellow players must be submitted by 4:00pm on the Monday following a match. The complaint will be fully investigated and appropriate punishment will be administered.

NOTE: Punishments include, but are not limited to: warnings, fees, ejection, one (1) or more match suspensions, or league ban.

The Match

1. Both players are required to be at the course by their specified times. There will be a ten (10) minute grace period for all players. If a player has not arrived within the grace period, that player will forfeit the match.
 - a) If both players agree to a makeup match, it will be permitted as long as it is completed before matches begin the following Saturday. In order for the makeup to count, players must submit the scorecard prior to their next scheduled match.
2. If both players have arrived early and are ready to play, competitors may agree to begin early as long as it does not interfere with another scheduled match.
3. Each player will keep their competitor's score. At the conclusion of a match, both players will sign the scorecard before being submitted. Any scorecard without **both** signatures will not be recorded until both players have confirmed the match score.
4. Scorecards can be submitted in a few different ways:
 - a) Take a picture of the completed scorecard and either text or email it to the Athletics Supervisor, Dylan Scott, at 540-853-0390 or to dylan.scott@roanokeva.gov.
 - b) Scorecards may also be dropped off to the **brown box** across the street from the Municipal Building at 215 Church Ave. SW. – **PREFERRED CHOICE**
5. League scores will be input by 4:00pm on the Monday following matches. Makeup scores will be input the Monday following the makeup match.

The Course

1. Courses will consist of nine (9) baskets each. Players are to play the nine (9) baskets in order to complete a match, unless otherwise instructed.
2. A player that intentionally damages any part of the course will receive two penalty strokes. Upon further investigation, the player may be ejected from the competition, as well as banned from the league. (PDGA 803.03.A)
3. Any disc throw that goes out of bounds (out of the park limits) will be moved back into bounds with and charged one (1) penalty throw.
4. It is the responsibility of the player to play the course correctly. Before play begins, players are expected to attend the players' meeting or follow any league communication to learn about any special conditions that may exist. (PDGA 811.A)
5. A player who deliberately misplays the course to gain a competitive advantage may be disqualified from the competition. (PDGA 811.E)

Equipment

1. Players are required to provide their own disc(s). Disc sets are permitted but not required.
2. The uniform is an extension of the player.
 - a. Uniforms may **not** contain any content that depicts foul language, vulgar images, or other suggestive imagery.
 - b. If a player wears an ineligible uniform, they will be asked to change or turn their uniform inside out. Failure to comply will result in forfeit or suspension.

City Employees

-Officials/City Employees have jurisdiction over matches and may:

1. Call a timeout at any given point in the match.
2. Penalize a player, including match ejection, for any reason. This includes but is not limited to unsportsmanlike conduct, fighting, delay of game and excessive verbal abuse.
Note: Ejected participants must leave the playing area and may not return to the match.
3. Make rulings on any points not specifically covered in the rules (at the time of occurrence), but the ruling shall not be deemed as a precedent for future rulings.
4. Call a match due to weather.

Match Play

Regulation Matches

1. Regulation matches will consist of nine (9) baskets per match.
 - A. A match called due to weather after five (5) full baskets of play shall be considered a regulation match. The score will be recorded at the end of the last full basket.
NOTE: Since we will not have staff or officials on-site, calling a match due to weather will be up to the participants in play unless otherwise notified by the Athletics Supervisor. Continuing play during lightning is prohibited and any further play will be at the risk of the player
2. A match may be ended at the discretion of the losing player. Upon the decision to end the match, whatever the score is at that point will be recorded and will thus be marked as a regulation match.

Courtesy Rules

1. The order of throws will go as followed:
 - a. To begin a match, the player with the highest league rank will tee off first. If ranks are tied, the tiebreaker will be determined upon overall season score. A tie of best score will then make the tiebreaker a coin flip.
 - b. After the first tee-off, players will then throw based on their distance from the basket. Players furthest from the target will throw first, then the other player will follow. (PDGA 802.02.C)
 - c. After the first basket is completed, the player to tee off first will be the player with the lowest overall match score at that point. (PDGA 802.02.B)
2. Players must **not**:
 - a. Throw if the throw might injure or distract another player. (PDGA 812.A.1)
 - b. Throw out of order without consent from the opponent. (PDGA 812.A.2)
 - c. Engage in distracting or unsportsmanlike actions. (PDGA 812.A.3)
 - d. Leave equipment where it may distract others or interfere with discs of the opponent. (PDGA 812.A.4)
3. A player must:
 - a. Perform all rules as noted by the City of Roanoke Parks and Recreation as well as those in the PDGA Rulebook.
 - b. Help find thrown discs. (PDGA 812.B.1.a)
 - c. Keep an honest record of running scores. (PDGA 812.B.1.c)

NOTE: Any player found to violate courtesy rules will receive a penalty. Each penalty will provide the opponent one (1) throw to their advantage on the scorecard. A player with recurring violations is subject to suspension and/or ban from the league.

Teeing Off

1. The 'Tee Area' is the area bounded by the edges of a tee pad. Upon throwing, the player must maintain at least one point of contact *within* the Tee Area. (PDGA 802.04.A-B)
 - a. Any player who does not maintain one point of contact within the tee area at the point of release will receive a one throw penalty. (802.04.C)

Scoring

1. Players are required to keep track of the opponent's score that will then be recorded onto one match scorecard to be submitted.
 - a. Each player **must** sign the scorecard before submission to confirm the accuracy of the score
NOTE: Any player found to have altered or submitted false scores will automatically forfeit that match and receive one warning. Upon a second occurrence, the player will be banned from the league.
2. Scoring is kept as followed:
 - a. One (1) throw is equal to one (1) stroke.
 - b. The total amount of strokes, plus penalties (if any), is the strokes that a player will receive for any given basket.
 - c. We will be using **Match Play**. At the end of each basket, the player with the least amount of

strokes on the basket will receive one (1) point.

d. The player with most points at the end of the match is declared the winner.

3. Additional throws are as followed:

a. If a disc goes out of bounds, the player may either throw again from the previous lie, or they may place the disc just in bounds perpendicular to the out-of-bounds throw. Each scenario will result in one (1) penalty throw to the player.

4. After scores are confirmed by both players and then submitted, those scores are final.

5. Scorecards that are not submitted by noon on the Monday following a match will result in two (2) points deducted from each players' score. If a scorecard is not submitted by the Friday following a match, both players will receive a forfeit for the match unless there are extenuating circumstances or there has been further communication with the Athletics Supervisor.

Playoff Rules

1. All teams will qualify for the postseason tournament.

Exception: If a player forfeits 4 or more matches during the regular season, they will be excluded from tournament play.

2. A player must complete at least 50% of regular-season play to be eligible for postseason play.

3. If two or more players are tied in the final standings, the following tiebreakers will be used.

a. Player record head-to-head

b. Player total points on the season (i.e. combined scores from all regular season matches)

c. Coin flip

Protest

-Protests can only be made concerning player eligibility. Official judgment is not subject to protest. If a player wishes to protest another player, the following steps must be taken:

1. The player must notify the Athletic Supervisor of the protest before the conclusion of the weekend.

2. The player must file a written protest including a \$45 protest fee with Parks and Recreation by 4:30pm of the next working day after the incident occurred. If the protest is upheld, the \$45 will be refunded.

Blood Policy

-The following steps must be taken for any player that is bleeding during a match.

1. Bleeding must be stopped

2. Open wounds must be covered.

3. Clothes that have gotten blood on them must be changed.

Concussions

1. A concussion is a brain injury that can be caused by a blow to the head or body which causes the brain to move rapidly inside the skull.

NOTE: Symptoms of a concussion include but are not limited to: dizziness, confusion, headache,

memory loss, slow speech, loss of consciousness, etc. These symptoms can show immediately or not show up for up to days or weeks.

2. In the case of any injury at the head or neck area, the player must be assessed for a potential concussion. If a concussion is apparent, the player will not participate the rest of the competition and will undergo the 5 phases before returning to play:
 - a. **Phase 1** - Low impact activity, no resistance training (Ex. Stationary Bike or walking 10-20 minutes)
 - b. **Phase 2** - Initiate aerobic activity fundamental to specific sport (Ex. Skating or running, may also begin progressive strength training activities)
 - c. **Phase 3** - Begin non-contact sport specific drills (Ex. Dribbling, fielding, batting, etc.)
 - d. **Phase 4** - Full contact in a practice setting
 - e. **Phase 5** - May return to practice or play if remains asymptomatic

NOTE: It is important that the player does not return to play before they are completely healed from the concussion. If a player obtains a second blow to the head before they are healed from the initial concussion, then the possibility of long term effects is greater.

3. Players must adhere to the protocol listed above. City officials have the authority to keep a player from competition if signs of a concussion are deemed present. If a player is removed from competition, that player will then be subject to screening prior to matches until otherwise cleared

COVID Policies

1. Players are required to self-screen prior to entering the park. Any player experiencing symptoms or that have been potentially exposed are asked to remove themselves from the event and encouraged to take proper precautions including:
 - a. Quarantine
 - b. Maintain social distancing
 - c. Wash hands often
2. Players are required to sanitize their own equipment before use. Sharing of equipment between players during match play is not permitted.
3. Post-match handshakes will not be allowed.
4. Players are asked to maintain social distancing to the best of their abilities throughout the duration of events. Masks are recommended when social distancing is not possible.
5. Players are required to bring their own equipment, water, and masks.
6. In the chance that a season must be cancelled due to COVID-related reasoning, refunds will be issued at a prorated amount.
 - a. Example: If 25% of the season has been completed, teams will receive a 75% refund of the original registration fee. If 50% of the season has been completed, teams will receive a refund of 50% of the original registration fee.

Weather Conditions

1. In the event of inclement weather, a message will be placed on the Weather and Information Hotline regarding the cancellation of matches. You may call the hotline at 853-1196 after 4:15PM to find out if the matches are being cancelled.
2. For schedules, standings, and more visit www.playroanoke.com