

# **Great Beginnings**

# FOOTBALL & SOCCER WITH ED GREEN AND MICHAEL BENNE (ALL AMERICAN SOCCER PLAYER)



#### PARENT / CHILD PROGRAM -- AGE 3-7

#### SPONSORED BY ROANOKE CITY PARKS AND RECREATION

### What is Great Beginnings?

Great Beginnings is a five week instructional program targeted to three, four, five, six, and seven year olds. The goal of this program is to help prepare young children for the challenges of organized sports in a non-threatening atmosphere without the worry of competition. Each child along with his or her parents work together to learn the basic motor skills needed to successfully move on to more organized sports in years to come. As the program progresses and children show improvement, the skill stations are altered so that each child remains challenged. Parents spend quality time with their child while learning how to properly teach and support them in sports. The program is designed for the children's enjoyment and will give them the opportunity to participate in fun activities that aid in the development of motor skills, cognitive abilities and social interaction. This will be a fun time for all who attend.

### Who is Ed Green?

Ed Green has over 40 years combined experience as a coach at the college and high school level. He is known throughout Virginia and the Roanoke region for his innovative and fun approach to teaching and coaching kids of all ages. His knowledge and that of his staff will help lay a foundation for you and your child to build upon for an enjoyable sports experience.

## Soccer: When, Where, What time, Cost, What to bring

When: Thursday - Sept. 14, 21, 28, Oct. 5, 12 (Make-up date Oct. 19th)

Where: River Edge Sports Complex Field - North - Across street from hotel

Time: 6-7 Soccer will be at one end of the field and football will be at the other end of the field.

Cost: \$65 per parent and child What to bring: Soccer Ball

## Football: When, Where, What time, Cost, What to bring

When: Sept. 14, 21, 28, Oct. 5, 12 (Make-up date Oct. 19th)

Where: River Ridge Sports Complex Field - North - Across street from hotel

Time: 6-7 \* NO TACKLING, BLOCKING, PUSHING, OR SHOVING\*

Cost: \$65 per parent and child What to bring: Small football

Check box and make checks payable to Ed Green		send form to:	Ed Green, Great Beginnings 2636 Clover street Salem, VA 24153	
Soccer	Football			
Name:		Age:	Phone:	
Address:		City:	State:	Zip: